

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 10:30 Nails Room to Room 2:30 Active Games, Chapel	<b>2</b> 9:30 Exercise 11:00 Music Therapy 3:00 National Cream Puff Day w/ Coffee, DR	<b>3</b> 10:00 Phil Nielsen, Ecumenical Services, Chapel 2:30 Balloon Game, Chapel	<b>4</b> Independent & self-directed activities
<b>5</b> Independent & self-directed activities	<b>6</b> 10:30 Catholic Rosary/ Communion, Chapel 2:30 Craft	<b>7</b> 10:00 Father Clement, Catholic Mass, Chapel <b>1:30</b> Goldenaires, Mckee Rm	<b>8</b> 10:30 Nails, Room to Room 2:30 Active Games, Chapel	<b>9</b> 9:30 Restorative Exercise 11:00 Music Therapy 1:30 Law Enforcement Appreciation Day, Coffee, DR	<b>10</b> 10:00 Steve McElroy Ecumenical Services, Chapel 2:30 Christina, Nature Center, DR	<b>11</b> 1:30 Connect 4, Room to Room
<b>12</b> Independent & self-directed activities	<b>13</b> 10:00 Music w/ Tim Javorsky, Mckee Room 10:30 Catholic Rosary/ Communion, Chapel	<b>14</b> 10:00 Phil Nielsen, Ecumenical Communion 2:30 Music w/ Dan McElwain, Big DR	<b>15</b> 11:00 Nails, Room to Room 2:30 Active Games, Chapel	<b>16</b> 9:30 Restorative Exercise 11:00 Music Therapy 2:30 Music w/ Helen W Christensen, Big DR	<b>17</b> 10:45 Resident Council, Chapel 2:30 Parachute/ Ball Game, Chapel	<b>18</b> 2:30 Yahtzee, SV
<b>19</b> Independent & self-directed activities	<b>20</b> 10:30 Catholic Rosary/ Communion, Chapel	<b>21</b> 10:00 Father Clement Catholic Mass, Chapel 3:00 Summer in January, Chapel	<b>22</b> 11:00 Nails, Room to Room 2:30 Active Games, Chapel	<b>23</b> 9:30 Restorative Exercise 11:00 Music Therapy	<b>24</b> 10:00 Ball Game, Chapel 2:30 Bingo, DR	<b>25</b> 10:00 Word Scramble, Room to Room 2:30 Word Scramble, Room to Room
<b>26</b> Independent & self-directed activities	<b>27</b> 10:30 Catholic Rosary/ Communion, Chapel 2:30 craft	<b>28</b> 2:30 Monthly Birthday Party, DR	<b>29</b> 11:00 Nails, Room to Room 2:30 Active Games, Chapel	<b>30</b> 9:30 Restorative Exercise 11:00 Music Therapy 2:30 Painting Craft, Chapel	<b>31</b> 2:30 National Hot Chocolate Day, Chapel	<b>**Coffee &amp; Snacks available upon request</b> <b>**Calendars available upon request</b>

## Health Center January 2025