

****Coffee & Snacks available daily in the Big DR****

****Calendars Available upon Request****

****Activities are subject to change****

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Small group activities are being slowly reintroduced and we will be following CDC guidelines for social distancing and limited group size</p>	<p>Memory Care (MC): Blue Health Center (HC): Red</p>	1	2	3 9:30 Share Holiday Memories, SV (HC) 10:30 Share Holiday Memories (MC) 2:00 Nails, SV (HC)	4 9:30 Coffee & Donuts (MC) 10:30 Coffee & Donuts (HC) 2:00 Door Decorations (HC) 3:15 Door Decorations (MC)	5 
6	7 9:30 Music Therapy (MC) 11:00 You Be The Judge, SV (HC) 2:30 Our Iowa, SV (HC) 3:15 Our Iowa (MC) 4:00 Chapel w/ Pastor Donna, Chapel	8 9:30 Craft (MC) 10:30 Craft, SV (HC) 2:30 Fresh Baked Cookies (HC) 3:15 Fresh Baked Cookies (MC)	9 9:30 Christmas Photo Op (MC) 10:30 Christmas Photo Op, SV (HC) 2:30 Name That Tune, SV (HC) 3:15 Name That Tune (MC) 4:00 Chapel w/ Pastor Donna, Chapel	10 9:30 Bingo, SV (HC) 10:30 Music Therapy (MC) 2:30 Armchair Travel to Arizona, Chapel (HC) 3:15 Arm Chair Travel to Arizona (MC)	11 9:30 Inspirational Reading (MC) 10:30 Resident Council, Chapel (HC) 2:30 Movie & Popcorn, Chapel (HC) 3:15 Movie & Popcorn (MC)	12
13	14 9:30 Christmas Trivia (MC) 10:30 Christmas Trivia, SV (HC) 2:30 Yahtzee, SV (HC) 3:15 Yahtzee (MC) 4:00 Chapel w/ Pastor Donna, Chapel	15 9:30 Bingo (MC) 10:30 Bingo, SV (HC) 2:30 Hot Chocolate Bar Room to Room (HC) 3:15 Hot Chocolate Bar Room to Room (MC)	16 9:30 Nails (MC) 10:30 Fact Or Fiction, SV (HC) 2:30 Craft, SV (HC) 3:15 Craft (MC) 4:00 Chapel w/ Pastor Donna, Chapel Faith Family Caroling	17 9:30 Price is Right, SV (HC) 10:30 Music Therapy (MC) 2:30 Nails, SV (HC)	18 9:30 Coffee & Donuts (MC) 10:30 Coffee & Donuts (HC) 2:30 Christmas Word Puzzles, SV (HC) 3:15 Christmas Word Puzzles (MC)	19 
20	21 9:30 Pass The Basket (MC) 10:30 Pass the Basket, SV (HC) 2:30 Finish The Christmas Lyrics, SV (HC) 3:15 Finish The Christmas Lyrics (MC) 4:00 Chapel w/ Pastor Donna, Chapel	22 9:30 Christmas Stories (MC) 10:30 Christmas Stories, SV (HC) 2:30 Traveling Santa Party (HC) 3:15 Traveling Santa Party (MC)	23 9:30 Family Feud (MC) 10:30 Family Feud, SV (HC) 2:30 Christmas Sing Along, SV (HC) 3:15 Christmas Sing Along (MC) 4:00 Chapel w/ Pastor Donna, Chapel	24 9:30 Nails, SV (HC) 10:30 Music Therapy (MC) 2:30 Movie & Popcorn (HC) 3:15 Movie & Popcorn (MC) Christmas Eve	25 	26
27 	28 9:30 Science Experiment (MC) 10:30 Science Experiment, SV (HC) 2:30 Hangman, SV (HC) 3:15 Hangman (MC) 4:00 Chapel w/ Pastor Donna, Chapel	29 9:30 Bingo (MC) 10:30 Bingo, SV (HC) 2:30 History Video, Chapel (HC) 3:15 History Video (MC)	30 9:30 Scattegories (MC) 10:30 Scattegories, SV (HC) 2:30 Resolution Board, SV (HC) 3:15 Resolution Board (MC) 4:00 Chapel w/ Pastor Donna, Chapel	31 9:30 Trivia (MC) 10:30 Trivia, SV (HC) 2:30 New Year's Eve Treats, SV (HC) 3:15 New Year's Eve Treats (MC) New Year's Eve	1:1's are done daily with residents.	Exercise is done daily with Restorative Therapy as one on one

Health Center and Memory Center – December 2020